



Centre for Remote Health

- A joint centre of
- Flinders University and
 - Charles Darwin University



Research training and related issues

NT PHCRED

Malinda Steenkamp





NT PHCRED Team

- Alice Springs
 - § Malinda Steenkamp
 - § Tahniah Edwards
 - § Ricky Mentha
 - § Anita Curtis
- Darwin
 - § Karen Piper
- Katherine
 - § Christine Clarence



Overview

- What am I going to tell you?
 - § NT PHCRED Objectives
 - § Research skills
 - § Graded series of training courses
 - § Resource package
- What I am going to ask you?



NT PHCRED Objectives

- Increase pool of PHC researchers by up-skilling and supporting the advancement of research careers

Research training

- Undertake more high quality, relevant PHC research

Research

- Disseminate and facilitate the uptake of evidence in policy and practice

Dissemination and uptake



Research skills

Acknowledging

- § **Stephen Covey**
(7 Habits of highly effective people)
- § **FU Staff Development and Training Unit**
(7 secrets of highly successful PhD Students)


Seven skills of highly resourceful researchers



7 Skills – resourceful researchers

- Getting off to the right start
- Looking at what has been done
- Thinking about doing your research
- Planning your project and getting the money to do it
- Actually doing it
- Telling others about it
- Taking the next step

The 8th skill – a bit of this and a bit of that



Getting off to the right start *(an example)*

- Understanding research
- Understanding your field
(PHC, PH, Epidemiology, HP)
- Formulating a research question
- Engaging study
participants/communities
- Empowering communities through
research

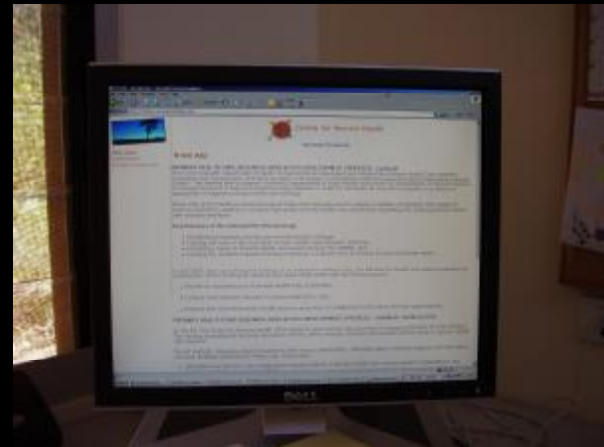


Graded series of training courses

- Level 1
 - § Basic understanding of research
 - § Interpret and use research material
- Level 2
 - § Basic research skills
 - § Participate and conduct
- Level 3
 - § High level of skill
 - § Initiate and conduct

Research Resource Package

- Accessible, sustainable? - RRP



SOS---SOS---SOS

- Please comment on
 - § 7 skills + 1 (general idea, content)
 - § RRP (general idea, content)
- Please provide
 - § information, resources, links (acknowledgment)
- Please provide
 - § Ideas on evaluating capacity
 - § Research Skills Assessment Tool
 - (Research Capacity Matrix – WA)



Centre for Remote Health

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