

Research Highlights

PHCRED Program Discipline of General Practice The University of Adelaide

PHCRED Director: Prof Nigel Stocks
PHCRED Program Manager: Dr Karin Ried



PHCRED Forum 26 June 2009



PHCRED staff

- Director: Prof Nigel Stocks
 - Senior PHCRED Research Fellowship 2007-2010
 - Since 2002 \$1.64 million in NHMRC project grant funding and over \$1.9 million in small + other grants
 - Higher degree students in 09: 4 PhD, 1 Masters
- Program Manager: Dr Karin Ried
 - 2003-04: State coordinator
 - Inaugural state conference 03 & conf. proceedings
 - 2005-06: PM Flinders Uni; since 06: PM Adelaide Uni
 - 4 articles: evaluation PHCRED program activities
 - 4 articles: research + education
 - External grants, e.g. RACGP, NHMRC (submitted)



PHCRED supported researchers 2001-2009

- 15 Research & RDP Fellows

- RDP = Researcher Development Program since 2005, \$60,000 per year (salary & research costs)

- 13 Seeding grants

- Since 2006, up to \$10,000 for mid-career researchers

- 20 Bursaries

- Up to \$5,000 (2001-06)

- 8 scholarships for HDR students

- 2 PhD students (3 years), 4 Honours students, 2 vacation scholars



Researchers & projects

■ 15 Research Fellows

- 6 GPs, 7 allied health professionals, 2 consumers
- National priority areas: Mental health (4), Injury prevention (2), Cardiovascular health (1), Asthma (1) & indigenous health, women's health, evaluation

■ 13 Seeding grants

- 11 Research Fellows, 2 GPs
- Respiratory health/asthma (4), cardiovasc health (2), mental health (2), bone health (1), others* (4)

■ 5 Scholarships (2 PhD, 3 Honours)

- Asthma, mental, cardiovasc, women's health (2)



Current projects - examples

■ 2009 RDP Fellows

□ Carolyn Donaghey

“GP & women’s awareness of maternity services”

□ Joanne Dollard

“Falls prevention of older people: disclosure to GP”

■ Seeding Grants

□ Chris Holton “Depression in asthma patients”

□ Karin Ried “Garlic for uncontrolled hypertension”

□ Simon Valint “Vitamin D and bone health”

Achievements

■ External grants

- RACGP Cardiovascular Grants (2x \$25,000 in 2005+06)
- RACGP Integrative Medicine Grants (2x \$5,000 in 06+07)
- Rural Workforce Agency (2x \$30,000 in 2006)
- Alison Memorial Foundation Grant (\$30,000 in 2004)
- Uni Adelaide Establishment Grant (\$9,000 in 2007)

■ Publications

- ~n=10 including MJA (05,06,07), AFP (05,0), BMC open access journals (08,09)

■ NICS Fellowship, OAM, Honours (4), PhD (3)



Beyond PHCRED support

■ Seeding grants

- Provide funding for pilot studies, results to be incorporated in larger grant application to national funding bodies

■ Research Fellowships

- Provide opportunity for GPs, other health practitioners and consumers to get a taste of undertaking quality research

■ Ongoing research partnerships

- Between PHCRED supported researchers and academics in the DGP



Other PHCRED activities

■ Student writing group

- Chair: PHCRED Program Manager
- Attendees: ~14 PhD, Masters, Honours students, RDP Fellows, GP registrars within School (SPHCP)
- 6-8 attendees once a month
- Conference presentations, abstracts, questionnaires, article drafts

More about...

- Research & RDP Fellows

- <http://www.adelaide.edu.au/health/gp/units/phcred/researchfellows/>

- Seeding grants, bursaries, student scholarships

- <http://www.adelaide.edu.au/health/gp/units/phcred/researchfellows/scholars.html>

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